

Download Survival Of The Fittest A Practical Approach To Reverse The Aging Process

Background for understanding and possibly repairing the molecular and biochemical damage known as agingDo you want to live a longer life in good health? Simple practices can make some difference, such as exercise or calorie restriction. But over the long haul all that really matters is progress in medicine: building new classes of therapy to repair and reverse the known root causes of aging.Charles Robert Darwin was born in Shrewsbury, Shropshire, on 12 February 1809, at his family's home, The Mount. He was the fifth of six children of wealthy society doctor and financier Robert Darwin and Susannah Darwin (née Wedgwood). He was the grandson of two prominent abolitionists: Erasmus Darwin on his father's side, and Josiah Wedgwood on his mother's side.Type or paste a DOI name into the text box. Click Go. Your browser will take you to a Web page (URL) associated with that DOI name. Send questions or comments to doi ...